The Rose Lifestyle Village Community Centre provides to YOU the following services

Aqua Aerobics An hour of water aerobics under instruction at an appropriate indoor venue. This is extremely beneficial for mobility and strength whilst providing low impact exercise in warm water. Very relaxing! – Depending on demand.

B.B.Q. A large B.B.Q. – Rotisserie is located at the rear of the centre just outside the portico for your use.

Bingo A weekly game of bingo is held with prizes and is a great way to relax and have fun.

Card Games Small groups gather frequently to share games such as Rumi, Poker, and Trivial Pursuit etc.

Carpet Bowls Is enjoyed by a very enthusiastic group and is played Monday mornings, Wednesday evenings, Thursday and Sunday afternoons. If a laugh is what you need then bowls is the answer.

Cinema The "Rose Village Cinema" screens a feature weekly, from nostalgic to the very latest on our "Big Screen" B.Y.O. nibbles.

Computer Internet Access There is a computer, copier, scanner and internet access available from the resident computer station located in the library. Short instruction groups are available.

Craft The large craft / workroom is used for ongoing projects as well as weekly sessions covering a broad range of crafts such as Tole pictures, mosaics, folk art, candle and soap making, card embossing, etc. The large work bench is also ideal for personal projects.

Dances Every six to eight weeks an evening is arranged that often follows a theme such as Hawaiian, Country and Western, Old World Music Hall, etc. A BBQ or shared meal usually completes the night.

DVD Library A broad range of movies is available from the library.

Exercise Physiology A weekly exercise program run by accredited local physiotherapists.

Fundraising As a community we support Diabetes Australia, The Anti-Cancer Council, Heart Beat, Life-Line, etc., through raffles, fund raising afternoon teas etc., a great sense of accomplishment is achieved through this. The Community Centre is the home base for the Sunraysia Parkinson Support Groups monthly meeting as well as that of the local Neighbourhood Watch Group.

Gardening Is provided by our maintenance man to all front gardens and the common areas. There are four oblong vegetable or seedling plots available for your use alongside the maintenance shed in the Centre Grounds.

Guest Speakers We encourage a range of guest speakers to broaden our horizons and have had wonderful presentations from an Acupuncturist, Aroma therapist, Podiatrist, Masseur, Life Coach, Solicitor and clubs such as Lapidary, Hot Air Balloonist's etc. etc.

Hair Salon A wonderful hair stylist is available on Mondays and other days by appointment in our own salon at very reasonable rates.

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Happy Hour And puppy playgroup often combine to enjoy a few hours of good company. Normally held on a Friday afternoon under the portico at the rear of the Centre. It often moves inside the Centre for casual dining.

Health Monitoring In the Mini-Suite at the Centre you are able to have your blood pressure and blood sugar levels recorded and kept on file for future reference.

Health Information A range of pamphlets and brochures is available in the Mini-Suite for your information.

Internal Mail Boxes Are to be found in the reception foyer and are used for information such as programs, newsletters, items of interest, response forms etc.

Kitchen The Centre and our well equipped kitchen is available for your use and can cater for 80 to 100 people. Events such as birthdays, anniversaries etc. are welcome with use of the centre and all its utilities provided at no cost to the resident.

Laundry The Centre has a washing-machine and dryer situated within the disabled toilet area should anyone require assistance with their laundry or have larger items to launder such as quilts or blankets.

Library An extensive library of books covering all subjects is available and operates on an honesty system. A range of large print novels is being slowly increased for those with vision impairment.

Mail May be posted from the sandstone box at the very front of the Community Centre and is collected daily by the Postman who also delivers to your locked box located inside the curved wall at the front of the Centre.

Maintenance Book Is located on the front reception counter and is used for communication of any maintenance / gardening needs.

Meditation / Relaxation A group meets once a month under the leadership of an experienced meditation therapist. You will enjoy the art of learned relaxation together.

Newsletters The Rose Rambler is distributed monthly and contains the latest in news regarding programs, events, items of interest, birthday and anniversary wishes etc., etc.

Newspaper Sunraysia Daily is delivered to the Centre and left on the Conference room table for all to enjoy. The Mildura Midweek and Mildura Weekly along with the usual catalogues are also delivered to the Centre and can be taken home to your Unit.

Noticeboard A general notice board is located behind the office in the main Community Centre area and is used for items for items of interest, photos, wanted to sells, approaching Community events and Resident Committee meeting minutes.

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Pathology Collections Are available from the Community Centre every Wednesday morning from 9.30am or the Pathologist collector may call to your Unit if required.

Podiatry We are very fortunate to have the services of an experienced Foot Practitioner every six weeks that operates from the Mini Suite at the Centre.

Postage Stamps May be bought from the office to save a trip to an Australia Post branch.

Photocopying Is available at no charge from the centre for colour and black and white documents.

Photo Albums We have official Village "Brag Books" in which we display photos from events or any "Happy Snaps" taken about the Village. The books are kept on the table under the notice board in the Centre.

Remedial Masseur We are very fortunate to have the services of a fully qualified Remedial Masseur that practices from the Mini Suite at the Centre. Appointments are necessary; her set days are every second Monday and some Tuesdays.

Resident Committee A Committee of twelve has been elected to represent the Community and is a very active and enthusiastic group, always aiming to provide greater support to villagers. They meet on the first Tuesday evening of every month, with an open meeting held every 4th month.

Safety Link A 24 hour emergency call system is supplied to each resident in the form of a pendant which can be worn or left in a prominent position in your unit. This system accesses a response centre which then calls you, should you be unable to answer the operator activates a voice modem in your unit allowing them to speak directly with you and then act accordingly should you require further assistance.

Trailer Waste collections are made by volunteers from within the Village and Committee once a month from your unit for those items such as white goods and waste that is not collectable by Council. A green waste only trailer is located alongside the Maintenance shed for all cuttings, clippings etc. and is emptied when necessary by your resident gardener.

Weight Training This nationally accredited program using small weights and encompassing different exercises is offered weekly and is invaluable for strengthening muscle and thereby maintaining bone density.